



### New Members

We are pleased to welcome

### Bowls Section

- Dorothy Zammit
- Johannes de Kort
- Warren Wood-Chatham
- Lucrezia Chatham-wood
- Alistair Carr
- Diana Carr
- Erica Randle
- Brian Randle
- Naomi Malbon
- Rodney Malbon
- Julie Ryan
- Brendan Ryan
- Brian den Hollander
- Denise Kasper
- Paul Wood-Ingram
- Beverley Edwards
- Geoffrey Edwards
- David Fletcher
- Jan Fletcher
- Louise Petersen
- Gail Sanders
- John Sanders

### Petanque Section

- Venetia Adamson
- Pauline McFarlane
- Andy Bland
- Marina Bland

### Social

- Max Feehan
- Kathryn Feehan

*Please introduce yourselves to these new members and make them feel welcome.*

## Mount Martha Bowls, Petanque and Social Club



Wishing all Mount Martha Club members, families and friends a Happy, Healthy and Prosperous 2023

## Club Bowls Champions -Singles

On Tuesday December 20th. in perfect conditions and in front of a large crowd, the Club Singles and Open Novice Championship finals were held.

Congratulations to Wayne Taylor who beat Pranas Silas in the Men's event and Barbara Turner who beat Dot Tamburrini in the Ladies event.

Wayne and Barbara now go on to represent the club in the Champion of Champions Regional events.

Meanwhile in the Open Novice event Geoff Bell beat Pam de Kort. The championships are part of the sponsorship package taken out by the Mount Martha Community Bank and Branch Manager Gary Stanford was there to present the medallions to all the players.





# Down The line

January  
2023



## Mount Martha Bowls, Petanque and Social Club

### Joint Bowls & Petanque Fun Day

Long overdue and delayed due to covid, we finally held the inaugural Joint Bowls & Petanque Day event between Christmas and New Year. Ten mixed teams of players from both sports played 2 games of bowls before lunch and 2 games of petanque in the afternoon.

It was a most enjoyable, with much fun and laughter as everyone learnt the rules and the intricacies of both sports.

Special thanks to Andrea Bowles, Keith & Cathie Harris along with Cliff Ferris for organising the day





## Mount Martha Bowls, Petanque and Social Club

### **BAREFOOT BOWLS & POP UP PETANQUE STARTED AGAIN .**

Well what a great start to our Barefoot Bowls & Pop Up Petanque program. In December we have already exceeded the turnover generated for the whole season last year.



Jan Bettess has been very involved taking bookings for events outside our normal Friday Night program and Vaughan King has been on hand to quench the thirsts of visitors during the week. On a couple of nights Pop Up Petanque has been so popular that Andrea reckons we will need to buy some more sets of boules, to meet the demand. Thank you to everyone who has already been rostered on to help on Friday Nights. Hopefully the momentum generated will continue right the way through to the end of February.

**A Thought** -The psychological strength of an individual competitor can greatly influence the result of matches. When players of similar abilities compete, the winner tends to be the player that was in control of their emotions and is psychologically stronger. The ability to have a technically great delivery will not win matches alone and being able to stay focused, tactically aware and provide consistent effort and commitment to the match will give yourself the best opportunity to win a match



# Down The line

October  
2022



## Mount Martha Bowls, Petanque and Social Club

### Judy Alexander Ladies Triples

#### Tuesday March 21st.

This important event in the Club's Calendar is providing the opportunity to reflect on the wonderful achievements of Judy Alexander. Please promote this event around all the club's on the peninsula.

Judy's Sunday morning coach sessions for new bowlers were legendary. Not only were you taught to play the game but you also learnt the etiquette that made the game even more enjoyable.

Judy never blamed the greens. Her philosophy was simple that we were all playing on the same surface so it was up to the players to adjust.

**In 2009 Judy was recognised as State Coach of the Year.**

As you can see below Judy was a very accomplished bowler winning many club championships and district events.

#### Board Of Management

Vice President 2000/2001

#### Club Championships

Ladies 100 Up 2003/04, 2004/05, 2005/06, 2007/08

Ladies 100 Up 2009/10

Ladies 2 Bowl Singles 2004/05

Ladies Club Pairs 97/98, 99/2000, 06/07, 07/08, 10/11, 11/12,12/13

Ladies Handicap Pairs 2008/09

Ladies Singles 1999/2002, 2007/08, 2010/11,2012/13,2013/14

Phyl Numa Shield 2002/03

#### F.B.A.

Mixed Pairs 2007/08

#### F.D.L.B.A

District Pairs 2002/03, 2010/11

Over 60's 2007/08

Singles Champ 2001/02

#### Ladies Section

F.D.L.B.A. Delegate 2007/8

Match Committee Chair 2003-2009

President 2000/01

Secretary 1996-1999, 2007/8

MT. MARTHA BOWLS, PETANQUE & SOCIAL CLUB

**JUDY ALEXANDER LADIES TRIPLES 2023**

**Tuesday 21st March 2023**

This event recognises the Legacy that Judy Alexander left in Mt Martha and the wider Mornington Peninsula area as player, coach, mentor and friend.

Victorian Coach of the Year in 2009/10 and District Co-ordinator of Coaching.

**COMMENCING AT 10.00 am**  
Registration 9am to 9.30am  
1 Game of 10 Ends pre lunch & 2 Games of 8 ends after lunch  
**3 Bowl Triples**

**ENTRY \$75 PER TEAM**  
**CATERED LUNCH**  
Includes Morning Tea from 8.30 and Afternoon Tea

**Prize Pool - \$1,500**

Winning Team - \$540	Runners Up - \$360	3rd Placing - \$225
Best 1st Game - \$105	Best 2nd Game - \$105	Best 3rd Game - \$105
Fanning of the Cards	Lucky Draw	

Sponsored By:

impact REALTY GROUP

COASTCOM SECURITY

MAIN BEACH TRAVEL

#### Time For Change



John Renowden has organised follow up meetings with the Shire to promote the need to increase the size of the clubhouse, by adding nine metres onto the west end of the clubhouse.

The estimated cost is around \$350,000 and will include a larger bar to improve the speed of service, a meeting area and a member's lounge area.

We have to win support from the shire to include the project in their budgeting process and we will be seeking your support in this area.

We are just about to submit an application to the Bendigo Community Bank as part of their Community Grants Program. They are making available \$200,000 to be split between 20 community groups.

We are also waiting on quotes to improve the appearance of the terrace outside the front door and led lighting inside the clubhouse to improve the ambience.

With our new Treasurer Stephen Jacks we have met with the Bendigo Bank to review our loan repayments. As we are 53 months ahead with our payments we have recalculated our monthly instalments, which will release funds for some important maintenance repairs.

At the same time we will be putting aside monies in an interest bearing account to help build




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January  
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## Mount Martha Bowls, Petanque and Social Club

### JACK ATTACK TO BOWL OVER A NEW AUDIENCE



**JACK ATTACK**

**COMING TO YOU AT:**  
Mount Martha  
Bowls and  
Pétanque Club  
45 Watson Road  
Mount Martha

**DATE:** March 1st.

**TIME:** 6:30pm

**READY TO PLAY?  
REGISTER NOW!**

6 week competition, \$150 per team, takes less than 2 hours to play, then stay and enjoy the club

As part of our Recruitment Programme we introduced a community bowls program in November supported by an Australia-backed Jack Attack initiative. In all 8 teams participated. Whilst this was a little below our expectations everyone who entered has indicated that they will be playing in Series 2 scheduled to commence on Wednesday March 1st.

The Balcombe Grammar team played consistently each round and ended up winning the series despite losing to the runners up team from Complete Step in the last round.

Bendigo Bank have already indicated they will be entering a side in March and a number of expressions of interest have been received from people who have come along to barefoot bowls.

The cost per team for the 6 weeks is \$150, irrespective of the number of players in a team, which includes a complimentary supper at the end of the evening.

### Blues Music Nights

After two full houses in succession it was disappointing that the pre Christmas Party Event had to be cancelled, due to ill health

The Blues Music Nights continue to be a great alternative source of income for the Club.

Book at Martha Salt.

The next show is January 14th and features Vic Polyik and the Jumper Leads.

They are getting rave reviews, playing modern electric blues capturing the spirit of American West Coast swing and vintage rock and roll. Dance and party to the real thing on a hot January Peninsula night!



**Stay in the present moment** You are not a fortune teller; you cannot predict what is going to happen in the future. Likewise, you cannot change what has happened in the past. One of the worst things you can do in between ends is talk to your past or future self. You are putting unnecessary fear and pressure on yourself that will most likely result in you becoming nervous and not being able play your shots and play the way you would like to. These comments and thought processes may well become a self-fulfilling prophecy and will likely come true. No matter the score, you are always a chance to come back and win, it is not over until it is over. There is no real time limit in bowls, your opponent still must finish the match off which is not easy to do if you are not laying down your sword. No matter the score, reflect on what parts of your game plan and strategies are working and not working and change accordingly. Accept that you may make some errors, bring yourself back to your routines and game plan and give yourself the best chance of winning.



# Down The line

January  
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## Mount Martha Bowls, Petanque and Social Club

### Petanque Mixed Triples - January 15th

Our next major Petanque event is the Mixed Triples being held on Sunday January 15th. We already have 21 teams entered. It will be a great tournament as 6 of the state's top 10 ranked men players and similarly 6 of the top 10 ladies will be playing. The event is being sponsored by Le Pine Funerals. If not playing come along and see some very good players including national representatives in action. Play starts at 9.30 pm.



MT. MARTHA PETANQUE CLUB

Sponsored by  
 Le Pine FUNERALS

Invites you to the  
**MIXED TRIPLES TOURNAMENT**  
Sunday 15 JANUARY 2023  
Mt. Martha Bowls & Petanque Club,  
45 Watson Road, Mt. Martha

Pre-Registration required at: <http://www.mypetanque.com>  
Payment of \$20 on the day 8.30am to 9.00am  
Play Starts at 9.30am  
Contact: Andrea Bowles Mobile: 0409 413416

**Tournament Format**  
Play according to PFA Rules & Regulations. All games to 13 points.

**FIVE (5) Rounds of Swiss System (Winners v Winners)**  
-Games are timed to 50 mins + 1 end + 1 extra end in case of draw  
-Ranking using Wins, Delta  
-Points for Byes score 13/7, Walkovers score 13/0

**Cash prizes to first 5 ranked teams; (dependent on number of entries)**

**DRINKS:** Tea/Coffee provided.  
Soft drinks, wine, beer available for purchase at bar prices.  
**No BYO alcohol.**

**LUNCH:** Salad rolls available for purchase

### Did you know that from 1 February 2023, problematic single-use plastics will be banned from sale or supply in Victoria?

Compostable plastic or 'plant-based' plastic alternatives are also banned. This is because if these items are littered, they can harm wildlife the same way conventional plastic items do. The Victorian Government has engaged the National Retail Association (NRA) to help businesses and the community understand and prepare for the state's upcoming single use plastic ban. There are free information sessions held every Friday at 11am for businesses of any size or type to pop in, ask questions, receive practical advice and see what others are doing. Anyone can register for the sessions - The State Government ban items include:

- Single-use plastic drinking straws and stirrers
- Single-use plastic cutlery, plastic plates,
- Single-use plastic cotton buds
- Food service items and drink containers made from expanded polystyrene.

**The Shire has additional single use plastic items that we are also phasing out of all our facilities, leases and events, and we are encouraging compliance by the same time- Feb 2023. The additional items are:**

- Plastic drinkware (cups)
- Balloons, Glitter
- Individually wrapped items (chips!)
- Plastic cling wrap
- Coffee cups and lid
- Bottled water
- Condiments and sachets

**These decisions will impact on the club. Particularly please note we will not have plastic drinking cups at the water fountains. So please remember to bring your drinking bottles**